

LIFE WORKS PROGRAM DESCRIPTION

Life Works is a vibrant program designed to help people aged 18 and older with developmental disabilities live their lives to the fullest extent possible.

Life Works offers opportunities for people: to explore new avenues of learning, to acquire new skills, to spend quality time with peers, and to be an active, healthy member of the community.

The Life Works program partners with the individuals to design a plan by assessing strengths and by helping identify their goals. Everyone has a plan that is specifically tailored to compliment his or her needs.

Self-esteem, self awareness, self-representation and confidence building shall be accorded the highest priority and accomplished through the provision of competency-based instruction, community inclusion, and therapeutic intervention.

(SUFU @ Augusta ▼)



COMMUNITY SUPPORT SERVICES

Services are designed to assist you in being an active, healthy, community member. Trained Direct Support Professionals will assist you:

- * In learning and participating in community activities, events, clubs, fitness centers, forums, shopping, volunteering, and public transportation.
 - * Photography Club
 - * Plays
 - * Golfing
 - * Seasonal Activities
 - * Art festivals
 - * YMCA Fitness Center and open swim
 - * Trafton Center
 - * My Bus Transportation
 - * Sporting Events
- * In participating in forums and classes.
 - * Culinary Class
 - * Friend to Friend
 - * Peer Mentor
 - * Dance Revolution
 - * Adventure Program
 - * Daily Dose of Motion
 - * Weekly SUFU Meetings
 - * Passport
 - * Life Works Forum
 - * American Sign Language
- * Year-round activities designed to work on personal goals in a setting that promotes learning, independence, exploration, cooperation, and teamwork.



- * Water sports
- * Hiking, Snowshoeing
- * Art Illustration
- * Ice skating
- * Kayaking, Boating
- * Trail Building
- * Challenge Day
- * Fishing
- * Pathway to Employment
 - * Work Readiness Classes
 - * Volunteering
 - * York County Shelter
 - * Mousam Way Trails
 - * Senior Shopping
 - * Rippling Waters Organic Farm

EMPLOYMENT SERVICES

Job Development:

The Employment Specialist works with the Vocational Rehabilitation Department to assist individuals with pursuing work in the community. Job search activities are individualized to promote the desires and involvement of the individuals seeking employment. Situational assessments, job training, and follow-up are services provided to ensure positive employee/employer relations.

Work Support:

Work Support is a therapeutic and supportive service provided to improve an individual's ability to independently maintain productivity and employment. Support is provided in an individual's place of employment and may be provided in an individual's home in preparation for work. A job coach can provide support in preparing for work, use of public transportation, work schedule, maintaining productivity, work safety, maintaining assistive technology and attend staff meetings and trainings. The amount of support needed is individualized.

Employment Specialist Services:

Employment Specialist Services provide support, consultation, instruction, and re-training to the employee, work support person, co-workers, and employer. An Employment Specialist can provide environmental assessments, job site follow-up, monitor job performance, assess and resolve job performance issues, task analysis, facilitate natural supports, assist the employer with accommodations and coordinate outside job supports.

ADMISSION CRITERIA

Waban Projects, Inc., a community based agency, believes in the principles of normalization, integration and self-empowerment in the least restrictive environment. All programs, residential and day, operate utilizing those principles.

Criteria for admission include the following:

- Any person 18 years of age or older (unless involved in a school program)
- Primary diagnosis of Autism or Mental Retardation
- Eligible for state/federal funding or private pay
- Residency in York and/or Cumberland County
- Does not present a danger to self or others
- Stable health (nursing care is not available)
- Potential to benefit in a structured setting



For more information or to obtain an application, please contact the Program Director at 207-324-8736 or visit our website: www.waban.org

Life Works
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WABAN



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Enhancing Lives”**

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Fax: 207-459-7295**